

DO I HAVE TO GO?

101 QUESTIONS ABOUT THE MASS, THE EUCHARIST, AND YOUR SPIRITUAL LIFE

From the Author of *Did Adam and Eve Have Belly Buttons?*

From playing video games to sleeping-in, many teens can think of countless things they would rather do than go to Mass on Sunday morning. That is, until they know what they are missing. *Do I Have to Go?* explains the meaning and the mystery of Mass in such a compelling way that teens will be asking, "Why wouldn't I go?"

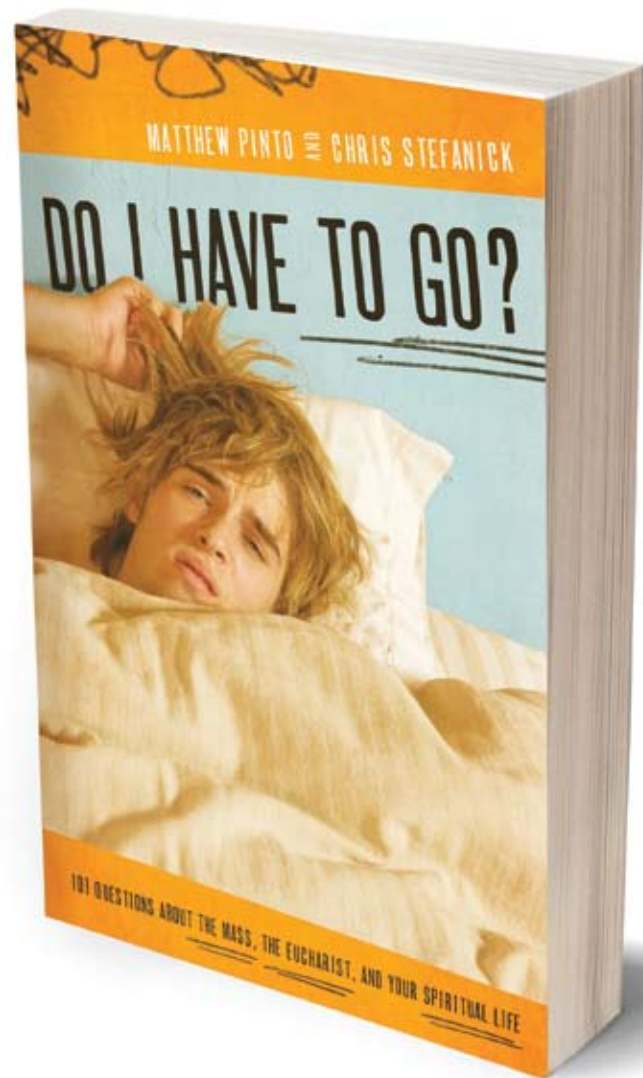
With wit, clarity, and common sense, Matthew Pinto and Chris Stefanick answer the tough questions teens have about the Mass—from the rituals contained in the liturgy, to the doctrines of the Eucharist and the priesthood. When teens understand that the Mass is literally the meeting place between heaven and earth, they will have a newfound sense of awe and a deeper understanding of their role as a Catholic in a post-modern world.

In *Do I Have to Go?* teens will learn:

- How the redemptive work of Jesus Christ is communicated to and through the Catholic Church
- Why the Mass is an essential part of the Christian life
- How the Mass has developed from its roots in the Old Testament through its institution by Christ
- The meaning of the gestures and symbols of the Mass
- The mystery of the Eucharist as the Real Presence of Jesus's Body, Blood, Soul, and Divinity
- How the liturgical seasons help foster a deeper spiritual life ...and much more.

Granted the Imprimatur.

Only \$12.99



ABOUT THE AUTHORS

Matthew Pinto is the co-author of the *New York Times* best-selling book *A Guide to the Passion*. He is also author of the best-selling books *Did Adam & Eve Have Belly Buttons?* and *Did Jesus Have a Last Name?* He is the co-founder of *Envoy* magazine and CatholicExchange.com.

Chris Stefanick has served as a youth minister at parishes in California and Pennsylvania, and as the director of youth ministry for the Diocese of La Crosse, Wisconsin. He is currently the director of youth, young adult, and campus ministry for the Archdiocese of Denver.



Do I Have to Go? Promises to Get Teens Excited About the Mass

WEST CHESTER, PA., JANUARY 29, 2008. Few parents can say they have not heard the words "Do I have to go?" from their teens on Sunday morning. With hundreds of channels on television, state-of-the-art gaming systems, and a myriad of other distractions, the last place many teens want to be is in the pew. What they may not understand is that even though modern forms of entertainment give teens a glimpse into extraordinary worlds they could never dream of experiencing, in the Mass, they get much more of a glimpse into the extraordinary, they actually taste it.

Matthew Pinto, author of the best-selling book *Did Adam & Eve Have Belly Buttons* has teamed up with Chris Stefanick to produce *Do I Have to Go? 101 Questions about the Mass, the Eucharist, and Your Spiritual Life*. It is the authors' hope that by helping teens understand the Mass as the extraordinary taste of heaven that it is, they will develop a great love and interest for the liturgy and the Eucharist. Perhaps they will no longer say: "Do I have to go?" Instead they will ask: "Are we there yet?!"

Do I Have to Go? covers a variety of questions concerning the Mass, the Eucharist, the liturgy, and the Church's calendar. Understanding the reasons behind all of the rituals and rules surrounding the Mass will give teens the knowledge they need to more fully participate in and appreciate the celebration of the Eucharist. Knowing the beauty of what it means to literally "taste and see that the Lord is good" will surely inspire teens to see the Mass for what it is: "the source and summit of our faith."

Matthew Pinto and Chris Stefanick are available for interviews. To schedule an interview, please contact Christine Schicker at 404-610-8871 or email cschicker@MaximusMG.com.

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About the Authors



Matthew Pinto is the author of the best-selling question-and-answer book *Did Adam & Eve Have Belly Buttons?* (Ascension Press, 1998), co-author (with Jason Evert) of *Did Jesus Have a Last Name?* (Ascension Press, 2005), and the creator of the *Friendly Defenders Catholic Flash Cards* series. Matt is co-founder of several Catholic organizations, including CatholicExchange.com and *Envoy* magazine, and the co-creator (with Jeff Cavins), of the *Amazing Grace* series of books. Matt and his wife, Maryanne, live in Pennsylvania with their five sons.



Chris Stefanick is the director of youth, young adult, and campus ministry for the Archdiocese of Denver. He is a highly sought-after national speaker, and his dynamic keynotes, retreats, and chastity assemblies have inspired tens of thousands of young people to a deeper love for Jesus Christ and the Church. Chris regularly appears on Relevant Radio as the vice president of the Dead Theologians Society, and on *Catholic Answers Live* as a chastity speaker for the Pure Love Club. He and his wife, Natalie, live in Colorado with their four children.

Interview Questions

1. How did you get the idea for a book called *Do I Have to Go?*
2. Why is a book on the Mass written specifically for teens so important?
3. Do you think many young people are uninterested in the Mass and in their Catholic Faith in general? If so, why?
4. Considering that many teens are uninterested in attending Mass, what can parents, priests, and educators do to change this?
5. The Second Vatican Council defined the Eucharist as the “source and summit of our Faith.” Can an understanding of this truth help teens to re-discover the Mass as the awesome reality that it is?
6. How can a book like *Do I Have to Go?* get teens more interested in the Mass?
7. What are some of the key questions addressed in *Do I Have to Go?*
8. A common objection teens have about the Mass is that “it’s not relevant” to them. How can a parent overcome this objection?
9. What has the response to this book been?
10. What is the most important message or concept you would like your readers to take from *Do I Have to Go?*
11. Where can our viewers/listeners get a copy of *Do I Have to Go?*